

# Physical characterization of plant cell-wall dispersions

Panagiota Mouraka<sup>1</sup>, Gleb Yakubov<sup>1</sup>, Lawrence Harris<sup>2</sup>

<sup>1</sup> University of Nottingham, Sutton Bonington Campus, Loughborough, UK

<sup>2</sup> Mondelēz International, Bournville Lane, Birmingham, UK

## Introduction

- Plant cell-wall materials (PCWM) are effective bulking agents with a dietary fibre (DF) functionality<sup>1-3</sup>.
- This work considers PCWMs for structuring oil-continuous food matrices and enabling new strategies for designing healthier foods.

## Methods

- The physical properties of wheat, oat, citrus apple and pea fibres were studied.
- The rheological behaviour of PCWM dispersed in SFO was examined.

Morphology

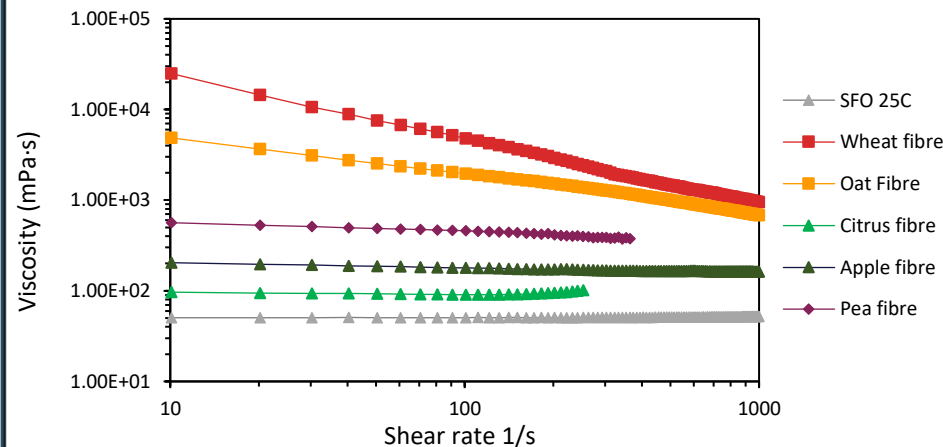
Flow behaviour

Oil Holding capacity



## Key Results

- The fibrous microstructure (oat and wheat fibre) is related to lower OHC, associated with the lower surface area available to the oil phase.
- The higher aspect ratio fibres exhibit more pronounced shear-thinning behaviour.
- The effect of fibre density is evaluated by comparing OHC and flow behaviour.



## Conclusions

- The application of these PCWM in food formulations requires optimisation of
  - particle size
  - shape
  - hydrophobicity



Targeted flow profile

## References

- Anderson, J.W., et al., 2009, *Nutrition Reviews*, 67(4): p. 188-205.
- Gidley, M.J. and G.E. Yakubov, 2019, *Trends in Food Science & Technology*, 86: p. 563-568.
- Meuser, F., 2000, *Advanced Dietary Fibre Technology*. p. 248-269.

## Acknowledgements

This research was funded by Mondelēz International.